TYPES OF DISTRACTION

COGNITIVE

Includes any thoughts that absorb the driver's attention to the point where they are no longer able to drive through the road environment safely.

VISUAL

It occurs when a driver stops looking at the road and instead focuses their visual attention on another target for an extended period of time.

PHYSICAL

It occurs when drivers remove one or both hands from the steering wheel for long periods of time to physically manipulate an object.

AUDITORY

It occurs when the driver focuses his attention on auditory signals and not on the road environment.

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Partnerships for Science Education

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